

SALE HARRIERS MANCHESTER
 CLUB CHAMPIONSHIP: SENIOR ENDURANCE
 ROAD: CROSS COUNTRY: FELL / OFF ROAD
 MEN 2019 WOMEN 2019

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| SENIOR CROSS COUNTRY 1. KEN HUNT 129, 2. ALEX BRADFORD 109 3. NIGEL MARTIN 104 | SENIOR CROSS COUNTRY 1. SARAH GOULDEN 170 2. LYDIA BRIGGS 107 3. ELLEN DOWNS 94 |
| JUNIOR CROSS COUNTRY 1. SHUAN GEE 103 2. NAJIB HASSAN 36 3. SAM HEYWORTH 24 | JUNIOR CROSS COUNTRY 1. AINE CUNNINGHAM 80 2. CHIARA YOUNG 75 3. JULIET DOWNS 74 |
| VETERAN CROSS COUNTRY OVER 40 1. RICHARD EDWARDS 137 2. GAZ RAVEN 124 3. CHRIS DONNELLY 94 = 3. STEVE McCARRON 94 OVER 50 1. TIM RAINEY 40 2. FRANK CORDINGLEY 27 3. MIKE CURLEY 21 | VETERAN CROSS COUNTRY OVER 35 1. HAYLEY ASHBY 105 2. ZOE GMERK 71 3. SIAN ROWLEY 67 OVER 45 1. ANNE CHINOY 117 2. JULIA REYNOLDS 70 3. JACKIE CORDINGLEY 63 |
| SENIOR ROAD 1. PHIL ROBERTSON 283 2. GAVIN HILL 267 3. NIGEL MARTIN 254 4. NATH HARRISON 254 | SENIOR ROAD 1. SARAH GOULDEN 202 2. BEA CORDINGLEY 172 3. SOPHIE WOOD 171 |
| JUNIOR ROAD 1. SAM HEYWORTH 68 2. ZAC GAILLEMIN 27 3. NAJIB HASSAN 24 | JUNIOR ROAD 1. OLIVIA GREEN 75 2. CESCO BRINT 51 3. JULIET DOWNS 47 |
| VETERAN ROAD OVER 40 1. ROB FAIRBANKS 299 2. GAZ RAVEN 266 3. OLIVIER GAILLEMIN 226 OVER 50 1. ALISTAIR KELL 189 2. JOHN BATTERSBY 123 3. FRANK CORDINGLEY 114 4. GEOFF BEATTIE 114 | VETERAN ROAD OVER 35 1. SINEAD FERGUSON 155 2. HARRIET HAMILTON 152 3. SONIA SAMUELS 124 OVER 45 1. ANNE CHINOY 247 2. JULIA REYNOLDS 218 3. JACKIE CORDINGLEY 153 |
| SENIOR FELL & OFF-ROAD 1. PAUL BARRETT 170 2. ANDY CARLIN 40 3. DAVE MARSH 40 | SENIOR FELL & OFF-ROAD 1. CAROLINE WHEELER 121 2. BEA CORDINGLEY 42 3. ELLEN DOWNS 21 |

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| | 4. JULIET DOWNS 21 |
| VETERAN FELL & OFF-ROAD OVER 40 1. OLIVIER GAILLEMIN 129 2. MIKE ASHBY 126 3. CHRIS DONNELLY 117 OVER 50 1. TIM RAINEY 59 2. RICHARD BROWN 32 3. GLENN SAVAGE 32 | VETERAN FELL & OFF-ROAD OVER 35 1. SIAN ROWLEY 81 2. HAYLEY ASHBY 63 3. CAT JONES 38 OVER 45 1. JULIA REYNOLDS 53 2. CARLA OUSEY 36 3. ANNE CHINOY 21 |
| TOTAL CLUB CHAMPION | TOTAL CLUB CHAMPION |
| SENIOR : NIGEL MARTIN | SENIOR : SARAH GOULDEN |
| VETERAN OVER 40 : GAZ RAVEN VETERAN OVER 50 : TIM RAINEY | VETERAN OVER 35 : HAYLEY ASHBY VETERAN OVER 45 : ANNE CHINOY |

Overall club Champions are based on your best positions in two of the three disciplines, with points based on your position in each. There are awards to the winners in each category.

The juniors are just for information in 2019, but plan to be reintroduced into 2020 tables.

Like I had when I introduced Club Champs a decade or two ago.

But this time for Under 17's and Under 20's, for at least road & XC, but want to develop trail & fell teams.

The under 23's, U20's and U17 men & women, need all the help and motivation we can give them.

Numbers being retained and recruited, need boosting.

Still deciding on the below titles, I have a short list.

Not previous people but down now to a few finalists in each.

Lydia Briggs and Sophie Wood, also Phil Robertson, Duane Guant and Nick Barry

2019 MOST IMPROVED MALE : ??????

2019 MOST IMPROVED FEMALE : ??????

N.B full tables for everyone will appear on the SHM website.

Paul Barrett is setting up the awards party, to happen soon.

And at a venue near to Crossford Bridge.

Some have returned any annual awards from 2019, if you have one, Return it to Paul Barrett now for engraving and re-presentation.