



Manchester Indoor Open Meetings Entry Form

Winter 2023/2024 under UKA Rules. UKA Permit s/b IND 23/073.
All races with electronic timing. World Athletics Permit Granted.
Organised by Sale Harriers Manchester at Sportcity

Name:	Tel No. Day:
Club:	Tel No. Eve:
Address:	Date of Birth:
	Age (on 31/08/24):
	Email:
Postcode:	Male <input type="radio"/> Female <input type="radio"/>

	Sun 10 th Dec 2023	Sun 17 th Dec 2023	Sun 7 th Jan 2024	Sun 28 th Jan 2024	Sun 18 th Feb 2024	Sun 10 th Mar 2024
	U15 U17 U20 SEN	U15 U17 U20 SEN	U15 U17 U20 SEN	U15 U17 U20 SEN	U15 U17 U20 SEN	U15 U17 U20 SEN
	10.30am start	10.30am start	10.30am start	10.30am start	10.30am start	10.30am start
60MH	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
60M	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
200M			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
300M	<input type="radio"/>	<input type="radio"/>				<input type="radio"/>
600M	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Pole Vault	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Long Jump	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
High Jump	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Shot Putt	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

PV (A) SH at 2 metres to start 10.30am. Pool (B) SH at 3m 20cm starting approx. 13.15pm.

LJ Pool (A) under 5 metres to start 10.30am. Pool (B) over 5 metres at 12.30pm.

Shot Putt - U15 and U17's only. Athletes enter 1 age category only. **LIMITED NUMBER COMPETITORS IN FIELD EVENTS.** Pre-entries guaranteed a place.

Entry Fees

£8 per event, entries on the day extra, spectators £2, free for coaches with current licence.

Cheques/ postal order (no cash) made payable to: **Sale Harriers Manchester.**

Entries to: City of Manchester Open, 16 Delahays Road, Altrincham, WA15 8DS.

Amount of entry fee enclosed _____ Cheque Postal order

Further Details on www.saleharriersmanchester.com to download Entry Forms - Directions - Time/Table.

For further information contact jamesfrost226@gmail.com

Online Entries: Sportsoft (www.race-results.co.uk)

ALL ENTRIES CLOSED TUESDAY PRIOR TO MEETING

Parking: Use Gate 2 on Alan Turing Way and Park at the Tennis Courts/Media Centre