



Manchester Indoor Open Meetings Entry Form

Winter 2022/2023 under UKA Rules. UKA Permit s/b Indeed 23/006.

All races with electronic timing

Organised by Sale Harriers Manchester at Sportcity

Name:	Tel No. Day:
Club:	Tel No. Eve:
Address:	Date of Birth:
	Age (on 31/08/23):
	Email:
Postcode:	Male <input type="radio"/> Female <input type="radio"/>

	Sun 4 th Dec 2022	Sun 18 th Dec 2022	Sun 8 th Jan 2023	Sun 29 th Jan 2023	Sun 12 th Feb 2023	Sun 12 th Mar 2023
	U15 U17 U20 SEN	U15 U17 U20 SEN	U15 U17 U20 SEN	U15 U17 U20 SEN	U15 U17 U20 SEN	U15 U17 U20 SEN
	10.30am start	10.30am start	10.30am start	10.30am start	10.30am start	10.30am start
60MH	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
60M	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
200M			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
300M	<input type="radio"/>	<input type="radio"/>				<input type="radio"/>
600M	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Pole Vault	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Long Jump	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
High Jump	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Shot Putt	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

PV (A) SH at 2 metres to start 10.30am. Pool (B) SH at 3m 20cm starting approx. 13.15pm.

LJ Pool (A) under 5 metres to start 10.30am. Pool (B) over 5 metres at 12.30pm.

Shot Putt - U15 and U17's only. Athletes enter 1 age category only. LIMITED NUMBER COMPETITORS IN FIELD EVENTS. Pre-entries guaranteed a place.

Entry Fees

£8 per event, spectators £2, free for coaches with current licence.

Cheques/ postal order (no cash) made payable to: **Sale Harriers Manchester.**

Entries to: City of Manchester Open, 16 Delahays Road, Altrincham, WA15 8DS.

Amount of entry fee enclosed _____ Cheque Postal order

Further Details on www.saleharriersmanchester.com to download Entry Forms - Directions - Time/Table.

For further information contact jamesfrost226@gmail.com

Online Entries: Sportsoft (www.race-results.co.uk)

ALL ENTRIES CLOSED WEDNESDAY PRIOR TO MEETING

Parking: Use Gate 2 on Alan Turing Way and Park at the Tennis Courts/Media Centre

Note from UKA

All entrants shall be deemed to have made him/herself familiar with, and agreed to be bound by the UKA Anti-Doping Rules and to submit to the authority of the UK Anti-Doping in the application and enforcement of the Anti-Doping Rules.

The UKA Anti-Doping Rules apply to entrants participating in the sport of Athletics, for 12 months from the date of the event, whether or not the entrant is a citizen of, or resident in, the UK.