



Founded 1892
Refounded 1910

SALE Manchester HARRIERS



Athletics
for everyone

YOUNG ATHLETES CROSS COUNTRY MEETING OVER THE BALES

SUNDAY 24TH MARCH 2019 @ 1.30PM

AT CROSSFORD BRIDGE ATHLETICS TRACK, OFF DANE ROAD, SALE

EVENTS

Race 1	Under 9 Girls	Approx. 1200 metres
Race 2	Under 9 Boys	Approx. 1200 metres
Race 3	Under 11 Girls	Approx. 1600 metres
Race 4	Under 11 Boys	Approx. 1600 metres
Race 5	Under 13 Girls	Approx. 2000 metres
Race 6	Under 13 Boys	Approx. 2000 metres

(All ages as at 31st August 2018)

Awards in Each Race:

- 1st 3 Individuals
- 1st 3 'A' teams
- 1st 'B' team
- 3 to score for Team Awards

REFEREE'S DECISION IS FINAL!

ENTRIES

£3.00 per Athlete with completed Entry Forms or Group Entry list to:

Sale Harriers Manchester C/O 19 Cranford Avenue, Sale, M33 2UA

Cheques made payable to: Sale Harriers Manchester

£5.00 per Athlete entry on the day, Entries will close at



Name..... Male / Female

Email Address.....

Contact Number.....

Athletics Club / School..... DOB.....

Race.....

Pre-entries to be received by Sunday 17th March 2019

