Name	Trafford 10km	Northern Road Relays	Wilmslow Half Marathon	Salford 10km	BMAF Road relay (Vets)	Greater MCR 10km	Sale Sizzler 1	Sale Sizzler 2	Sale Sizzler 3	Sale Sizzler 4	City of Salford 10km	NW Road relays	Northern Road relays	MCR Half Marathon	Stockport 10 mile	Best 10km	Best 5km	Best Park Run	Best Half Marathon	Best 10 Mile	All 4 Sale Sizzlers	Track Representation	Total	Total champ races
Senior Men																								
Nigel Martin	21	21																						42
Damien Jones	6		13	18																				37
Joseph Vis	19	18																						37
Nathan Harrisson		17	19																					36
Adam Sciacca	17	18																						35
Luke Betts	18	17																						35
David Marsh		14		19																				33
Alex Bradford	15	16																						31
Andrew Carlin	12		18																					30
Daniel Kashi	16	13																						29
Robert Dunn	11		17																					28
Peter O'Neill	9		16																					25
Tim Kennedy	13	11																						24
Matt Bond			21																					21
Niall Brooks		21																						21
Callum Rowlinson				21																				21
Iolo Hughes		19																						19
Matthew Barnes		19																						19
Chris Topping				17																				17
Euan Gilchrist		16																						16
James Walsh	8	8																						16
James Wignall		15																						15
Edmund Wakefield				15																				15
Paul Barrett			15																					15
Peter Shipley	5		10																					15
Rupert Liddington	4		11																					15
Tom Stephenson		15																						15
Alan White		14																						14
Mark Fox			14																					14
Matthew Beacock	14																							14
David Rich		12																						12
Kevin Foster	3		9																					12
Mike Ashby			12																					12
Rob Jowett		10																						10
Steven Henderson	10																							10
Gareth Webb	2		7																					9
Steven Townley		9																						9
David Connolly	1	7																						8
John Morris			8																					8
Ben McIntyre	7																							7
Duane Gaunt	1		6																					7
Aaron Steele			5																					5
Vet Men 40-49																								
Lee Kaufman	17	21	18																					56
Matthew Spragg	14		15	19																				48
Gareth Raven	21			21																				42
Olivier Gaillemin	19		21																					40
Ashley Lindsey	15	19																						34
Steve Gavin	16		17																					33
Robert Heggs	13		16																					29
Damien van Alderwegen	12		11																					23
Paul Green		21																						21
Duncan Hill			19																					19
Mike Hatch	18																							18
Gavin McColl			14																					14
Mark Anderson			13																					13
Mark Pagram			12																					12
Mark Frier			10																					10
Ranjit Bennet			9																					9
Vet Men 50 +																								
Geoff Beattie	16		19	17																				52
Glenn Savage	21		21																					42
Mike Curley	18			19																				37
Stefan Schumacher			18	18																				36
Frank Cordingley	17		16																					33
Nick Webb				21																				21
Aidan Raftery	19																							19
Shaun McGee			17																					17
Ray O'Neill			15																					15